



CELEBRATING
15 YEARS
OF "HEART" WORK
TO PROMOTE HEALTH
AND WELLNESS

Friday, April 14, 2023

12:00PM – 2:30PM

GENERAL BODY MEETING

In Person

Refer To The information Below

MEETING DETAILS

The Mind, Body, Spirit and Emotions

Emotions - **Pat Fisher-Taylor**
Spirit - **Deacon Raymond Bullock**

POWAB Wheel & Wellness Check

Donna Gayles, Director

Client Relations, Associate Director-Center for
Health Equity Capital Caring Health
Washington, DC

Special Speaker

Anthony Gutierrez

Community Liaison DC &
Virginia Gilead Sciences

Brittany Harris

Holistic Wellness Practitioner
Serving the Greater Washington
Metropolitan (DMV) and Baltimore
areas



Emcee

Rev. Samuel Nixon Jr.

Associate Minister of the Alfred Street Baptist Church
in Alexandria, VA, HIV/AIDS, Jail and Prison, and Men's
Ministries. He is also a liaison for the Northern VA
Clergy Council for the prevention of HIV/AIDS and
serves on the Global Missions Board of the Progressive
National Baptist Convention (PNBC), Inc



Emcee

Ms. Bernadette Bailey

Coordinator HIV/AIDS Ministry with
Ebenezer United Methodist Church in
Lanham, Maryland, and Editor, The
POWAB SPIRIT Newsletter.

LOCATION:

**DC Health Wellness Center 77 P
Street NE, Washington, DC 20002**

Our in person body meeting will include:

- Free parking
- Lunch
- Tour of the Wellness Center

To register for the in-person body
meeting, please visit:



For More Information, Please
Visit Our Website:

